

# District Meet, May 12<sup>th</sup>

## “How Sweet It Is!!” — Jackie Gleason

This performance went as well as your coaches dreamed it would go and if we were using last years qualifying methods it would have been near perfect. Put briefly, you all gave 100% of what you had this evening and that shows in the times, distances and heights below. You produced season’s bests in 6 of 7 relays, PRs all over the place, City High All-time list performances and even a school record. It is great to be a Little Hawk! Way to bring the beast girls!!

Shot Put	Gustafson 39'2.5" (2 <sup>nd</sup> ) Hyche 38'9.25" (3 <sup>rd</sup> )
Long Jump	Washpun 17' 6" (2 <sup>nd</sup> ) 3 <sup>rd</sup> All-Time Ward 15'7.25" (8 <sup>th</sup> )
High Jump	Johnson 5'6" *(1 <sup>st</sup> ) <b>School Record</b>
Discus	Gustafson 129' 1" (1 <sup>st</sup> )* 4 <sup>th</sup> All-Time Hyche 112" 3"(5 <sup>th</sup> )
3000 Meter Run	Richardson 11:04.17 (1st) R Rethwisch 11:04.18 (2nd)
4 x 800 Meter Relay	Perret, Danielson, Lines, Carman 9:46.25 (2 <sup>nd</sup> ) SB 2:31.0 2:26.8 2:22.9 2:25.1
Shuttle Hurdle Relay	Sotelo, Perez, Kunc, Ward 1:06.94 (2 <sup>nd</sup> ) SB 16.5 17.1 17.3 15.8 2 <sup>nd</sup> All-Time
100 meter dash	Hansche 13.68 Marshall 14.19
Distance Medley	Kuddes, Sullivan, Richardson, Rethwisch 4:13.58 (1 <sup>st</sup> ) SB 26.2 26.2 63.6 2:17.6
400 Meter Dash	Crew 59.00 (1 <sup>st</sup> ) Omar 61.75 (3 <sup>rd</sup> )
4 x 200 Relay	Kuddes, Sullivan, Nelson, Washpun 9 <sup>th</sup> All-Time 1:44.02 (2 <sup>nd</sup> ) SB 26.2 26.2 25.8 26.0
100 Meter Hurdles	Ward 16.07 (3 <sup>rd</sup> ) 2 <sup>nd</sup> All-Time Feeney 16.90 (8 <sup>th</sup> ) 4 <sup>th</sup> All Time
800 Meter Run	Carman 2:22.34 (2 <sup>nd</sup> ) Traore 2:25.78 (5 <sup>th</sup> )
200 Meter Dash	Nelson 26.99 (8 <sup>th</sup> ) Marshall 29.65
400 Meter Hurdles	Sotelo 67.43 (2 <sup>nd</sup> ) Lines 67.98 (3 <sup>rd</sup> )
Sprint Medley Relay	Kuddes, Hansche, Crew, Sullivan 1:50.96(2 <sup>nd</sup> ) SB 12.8 12.7 25.8 59.5
1500 Meter Run	Rethwisch 4:52.10 (1 <sup>st</sup> ) Fagan 4:52.11 (2 <sup>nd</sup> )
4 x 100 Meter Relay	Kuddes, Hansche, Crew, Washpun 49.87 (4 <sup>th</sup> ) SB 13.3 11.8 12.8 11.7
4 x 400 Meter Relay	Omar Lines Danielson Sotelo 4:04.03 (2 <sup>nd</sup> ) SB 61.9 60.7 60.2 60.7

Red Name= Standard of Excellence

Red time/distance=PR SB=Season's Best

Team: **CHS 188**, West 163, CR Washington 116, CR Kennedy 69.5, CR Prairie 54, Muscatine 50, CR Xavier 45